

Myocardial Perfusion Imaging

925 N Hillside

Wichita KS 67218

For questions or cancellations, call: 316-616-3333

You have been scheduled for a thallium stress test on _____.

PATIENT INSTRUCTIONS:

***Do not have caffeine for 24 hours before your test.**

This includes:

- Regular or decaffeinated coffee
- Regular or decaffeinated tea
- Soft drinks or colas that contain caffeine
- Chocolate

***No food for 4 hours before your test.** Do drink plenty of water.

***Do not take the following medicines:**

- Atenolol, Inderal, Lopressor, Metoprolol, Propranolol, or Toprol XL.
- Anacin or Excedrin
- Persantine or theophylline
- Constant-T, Primatene, Quibron, Slo-Phylline, Theo-dur

You may take your regular medications unless they have to be taken with food.

Wear loose fitting, comfortable clothes with comfortable walking shoes.

Do not wear shirts with metal buttons, overalls, or underwire bras.

Helpful information about your test:

The test will take approximately 1 ½ to 2 hours. It may be longer if you have additional tests scheduled that day.

When you arrive we will place a small gauge IV catheter in your arm or hand for injection of the radioactive tracers we use for our images.

You will receive your first injection at that time for your resting images. The radioactive injections used will cause no adverse reactions. Your first scan will start about 20 minutes after this injection. The scan will take about 15 minutes.

Following the first scan you will be prepared for the stress test. There may be a short wait before the second portion depending upon the scheduling that day.

You will receive the second injection of radioactive tracer during the stress test. Your stress test will involve a treadmill test, or if you are unable to exercise, we may use a drug for stressing.

The second scan (stress images) will follow the treadmill or chemical stress test. After this, your test is complete. We will make an appointment for you to return to see your doctor at a later date to discuss the test results.

Ultrasound Appointment: _____

Return appointment post-procedure: _____